



« I am Sarah from Daraa al-balad, in the governorate of Daraa in Syria. I have a family of 6 members and I take care of my 38 year old single disabled sister. Even though I am 62 years old, I have to work in a restaurant to provide for my sister's basic needs. I suffered a lot from the lack of sanitary items when we returned to Daraa al-Balad. They are very expensive because of the inflation of the Syrian currency. In fact, I am subject to many uncertainties to cover the cost of these items. »

Sarah and her family returned to their home town of Daraa al-Balad after being forced to leave it to escape conflict and violence in the region (the town was besieged in a violent conflict in the summer of 2021).

She is the caretaker for her sister who has a spinal cord injury. Sarah spends most of her income covering the needs of her sister, who needs adapted medical equipment to help her in her daily activities. For the past three months, after the crisis in Daraa al-Balad last summer, Sarah had no money to buy such equipment. Her sister also needs medicines for pain, urinary tract infections, etc. Sarah could not buy them.

The distribution of hygiene kits by TGH is a useful support. Sarah was afraid that her sister would get sick or infected by using the same item over and over again for three months.

« It was very difficult... I had to re-use the same hygiene items for my sister by washing them again and again. »

The hygiene kits provided by TGH included sanitation and hygiene items necessary for people with disabilities to be safe, especially at a time when Syria is facing an unprecedented economic crisis, which has caused the price of hygiene-related products to skyrocket.

In addition, under the supervision of TGH, SARC volunteers conducted hygiene promotion sessions among families with members with disabilities, regarding:

- How to avoid diseases related to lack of personal hygiene items,
- Help to enable people with disabilities to apply the protective measures of COVID-19,
- Advice on how to keep support structures and assistive devices clean.

Sarah attended these sessions and gained useful information on these topics.

« I would like to thank TGH and ECHO from the bottom of my heart for this generous support in this situation. »